

The first thing any mage – wizard, warlock, witch, sorcerer, sage, shaman, mystic, ad infinitum – should learn is how to protect yourself. First things first: cast a circle. Memorize the following Latin Haiku and know its English translation:

Fundo circulus
Cunfugio intro lux.
Abluo malum.

Pronounced like:

Fun-dough keark-cuh-lus
Kun-Foog-ee-oh in-troh lux.
Ab-blue-oh mowl-lum.

Meaning in English:

I cast the circle.
I take refuge in its light.
I dispel evil.

The spell is in Haiku form for a reason. The five-pointed star, surrounded by a circle, is a powerful symbol for any incantation or spell – but is especially potent for protection. Take advantage of the syllable scheme to draw out a five-pointed star for the first line, a circle for the second line, and finally another five-pointed star for the final line. You'll likely want to do the spell in English after the Latin until the definition of the spell comes naturally.

Consider the following steps as a blueprint for all other Haiku-based spells. The arrow signifies where you'd gesture your finger, your mind's

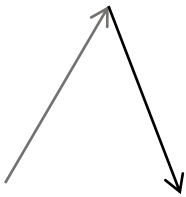
visualization, or your wand/staff/athame. The syllable to speak or think is written next to it (with the pronunciation guide in brackets and the English syllable in parenthesis). I greyed the previous gesture lines.

1)



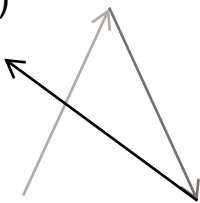
Fun [*fun*] (I)

2)



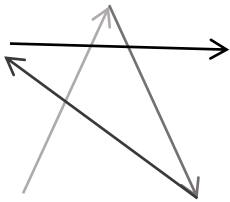
Do [*dough*] (cast)

3)



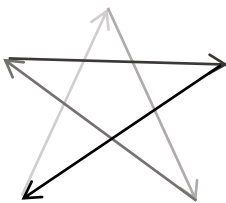
Circ [*keark*] (the)

4)



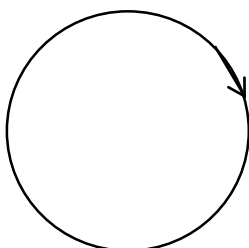
Cu [*cuh*] (circ)

5)



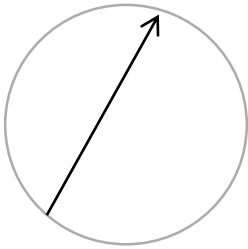
Lus [*lus*] (-cle)

6)



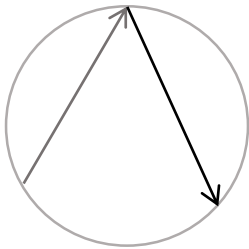
Cunfugio intro lux. [*Cun-Few-Gee-Oh in-troh lux*]
(I take refuge in its light).

7)



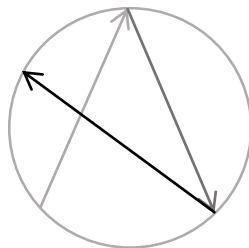
Ab [*ab*] (l)

8)



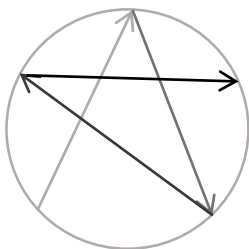
-Blu [*blue*] (Dis-)

9)



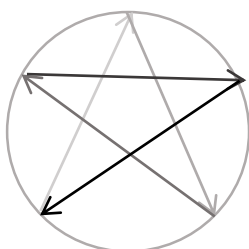
-O [*oh*] (-pel)

10)



Mal [*mowl*] (Ev-)

11)



-Um [*lum*] (-il)

12)



To finish the spell, draw a lemniscate (∞) in the air while thinking or speaking, “Itaque erit” (pronounced like “It-a-quay err-it”), meaning “And so it shall be.” Visualize a powerful orb of light (in any color you choose) surrounding you in all directions and dimensions. Feel the power within your spirit bursting out with this energy. You are now protected from evil spirits or any black magic spells against you.